

Technical guide

Cycling competition

Valka – Naukšēni – Valka 2022, Valkas-Valgas quadruplet

Latvian cycling 2022 season 2nd category competition

Competition is regulated by UCI normative.

11.06.2022 12:00 - 87 km start (Valka-Kārķi-Naukšēni-Kārķi-Valka);
12:10 - 60 km (Valka-Kārķi-Valka) and 30 km (Valka-Ērgeme-Valka)
start. Start and finish is located in Valka, near Talava and Varoņu corner.
Registration and numbers will be held out from 10:00 till 11:45 in the
registration booth near finish zone.

Team member meeting and assistant car lottery is held at 11:30 near the
registration tent

Finish is closed at 15:15 and the award ceremony is 15 min. afterwards.
Results will be online at fotofiniss.lv

Awards. First three men and women in 87 km race are awarded
with trophies, prizes and invitation to next year event. First three men and
women in 60 km race are awarded with trophies and prizes. One winner
both male and female in 30km race are awarded with a prize.

Safety. All participants must use a helmet that is certified and
fastened. The track is open from 10 years, but participants must have a bike
driving license. All participants must obligate Latvian traffic laws. There
are two places that require extra attention in Vēveri and Kārķi, there will
be caution signs. There will be a medicine brigade available during the
race. Also there will be a medicine person in the last car with the peloton.
Closest medicine centers - Estonia, Valga, Peetri 2; Vidzemes hospital
Valmiera, Jumaras 195. First help aid can be receive in Valkā, Rūjienas
ielā 3.

Other. There will be two feeding points in Ērgeme and in the finish
zone. Sanitary zone is near the feeding points and will be marked.

Main referee – Elita Grašiņa 26128939,

Organizer – Māris Koops 29424580.

Medical brigade tālr.....